



HARNHAM INFANT SCHOOL

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Newsletter 5

Friday 3rd October 2025

Wow – what a busy week we’ve all had. From school photographs to trips out, coffee mornings and community forest school, there has certainly been a lot going on! This week, 8 children from Year 2 went to Harnham Croft to meet with residents there and take part in some reading, songs, games and crafts. It was so joyful to see our children making new friends across the generations. Some photographs are included for you below.

We also welcomed several members of the community and their little ones to our Forest School area to enjoy some outdoor activities together. These sessions are always well attended and a great reason to share our lovely grounds with the community.

The Wellbeing team were pleased to welcome parents in to school for a Coffee and Chat session. Though a small group, it was good to see relationships being formed with each other and have a forum where we could discuss any arising issues, gather ideas of workshops that might be useful for parents and answer questions too. Do look out for more of these sessions in the future.

Finally, our Little Heroes had their first meeting of the school year today. Children from our service families enjoyed eating lunch together, playing and talking about Jim, our military bear, who has gone home with one of the children tonight.

Please make sure you check Seesaw to find out what the children have been doing in their classrooms as part of their curriculum learning too. Wishing you a lovely weekend and we look forward to seeing you on Monday.



Celebration Assembly

Congratulations to Marnie – Ladybird, Freya – Robin, Faith – Hedgehog, James – Bee, Ethan – Woodpecker, Zachary – Squirrel, Talia – Dragonfly, Matilda – Badger and Hudson – Owl who were on the celebration bench this week. We are so proud of you all!

Invitations to Celebration Assembly are sent out on a Friday for the following week, plus a reminder the day before. Please check your email inbox carefully. We look forward to celebrating with more children and their parents next week.

Parent Support Advisor

Chris Lister is the Parent Support Advisor for Harnham Infants, and many families benefit from her expertise, support and advice. She can help parents with all sorts of things including difficulties with behaviour, financial matters, family breakdown and bereavement. Chris is also happy for you to get in touch if you're worried or concerned about any school related matters.

You can contact her by email psa@harnham-inf.wilts.sch.uk or by telephone 07595217569



School Dinners – week beginning 6th October 2025

	Choice of Main Meal	Served with...	Choice of Dessert
Monday	Margherita or Sweetcorn Pizza Rich Tomato Pasta with Lentils Jacket Potato and choice of fillings Wholemeal Sandwich (choice of fillings)	Green Beans Sweetcorn Salad bar Homemade Bread	Crispy Cake Fruit Yoghurt
Tuesday	Chicken Tikka Biryani Oven Baked Macaroni Cheese Jacket Potato and choice of fillings Wholemeal Sandwich (choice of fillings)	Cauliflower Garden Peas Salad bar Homemade bread	Apple Sponge and Custard Fruit Yoghurt
Wednesday	Roast Chicken Baked Bean and Cheese Puff Jacket Potato and choice of fillings Wholemeal Sandwich (choice of fillings)	Baked New Potatoes Cabbage, carrots and gravy Salad bar Homemade bread	Strawberry Mousse Fruit Yoghurt
Thursday	Traditional All Day Breakfast All Day veggie Breakfast Jacket Potato and choice of fillings Wholemeal Sandwich (choice of fillings)	Hash Brown, Baked Beans Garden Peas Salad bar Homemade bread	Fruit Salad Fruit Yoghurt
Friday	Fish Fingers Cheese and Onion Gratin Fishless Fingers Jacket Potato and choice of fillings Wholemeal Sandwich	Chips Peas or Baked Beans Salad bar Homemade bread	Chocolate Fudge Pudding Fruit Yoghurt

Class Dojo Treats

Congratulations to the **Owl** class who have reached 1,000 dojo points. The Owls have chosen to bring a toy or game from home to play with on **Wednesday 8th October**. Please do not send electronics in, or anything too expensive financially or sentimentally.

Congratulations also goes to the **Dragonfly** class who have reached 1,000 dojo points. The Dragonflies have chosen to have a pyjama day and bring 1 small teddy to school on **Friday 10th October**. Children will need sensible shoes for playtime but are also welcome to bring slippers if they would like.

Well done everyone. We hope you enjoy your rewards!

Stay and... events

Every year group have got a Stay and... event coming up. The class teachers (and children) would love to see you there. In order to help us prepare enough resources for everyone, please may parents sign up on Arbor if you would like to come? Thank you for your support with this, we look forward to seeing you.

100 Opportunities

We just wanted to draw your attention to the 100 opportunities that are included in your child's reading record. At Harnham Infant School, our broad and balanced curriculum includes experiential opportunities for our children to engage with and learn from. Throughout their three years with us, children will enjoy each and every opportunity offer included in our 100 Opportunities. Why not have a look through them with your children to see all the exciting things they are able to achieve during their time with us. At the end of each half term, the class teachers will let you know on Seesaw which ones you are able to tick off. There is also a PDF attached to the email containing this newsletter for you too. Thank you.

Threadworms

We are aware of cases of threadworms going around in some classes. Please be vigilant with your child if they start displaying symptoms and treat everyone accordingly. We have had an increased focus in school on ensuring good hygiene measures and regular, thorough handwashing. Thank you.

Illness and Appointment Procedure

If your child is poorly and unable to attend school, please telephone the school office to let them know every morning that your child is going to be missing from school.

If you need to take your child out of school to attend an appointment of any kind, this also must be notified to the school office. You can do this by popping in to complete a form, or you can complete a form online via the school website at this link. Please don't forget to include copies of appointment letters or messages.

Please note that emailing the class teacher is not acceptable forms of notification and may risk absences being unauthorised as the admin team deal with the attendance registers each day. Thank you for your support with this.

Parents Evening

Please don't forget to book your appointment to speak to your child's teacher at parents evening on 20th and 21st October. You can do this using Arbor. If you are experiencing difficulties, please do speak to a member of the admin team, who will be pleased to help and get you booked in.

If you would like to speak to Mrs Pike, our SENDCo, please email her directly lpike@harnham-inf.wilts.sch.uk

Letters sent out this week with the newsletter:

- Whole School Letter – class visits to Harnham Croft
- Year 1 Grandparent Tea Party Letter
- 100 Opportunities

Attendance

Weekly whole school attendance:	94.43% ↓ from last week	Number of late marks in the Registers:	42 ↑ from last week
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Upcoming Dates: (dates in bold are new)

Whole School	
14.10.25	Wellbeing team – Supporting your child with school drop offs workshop
20.10.25 and 21.10.25	Parent Consultation Evenings
22.10.25	Teacher Training Day – school closed for children
EYFS	
15.10.25, 2.00pm	Stay and Phonics / Read – please book on Arbor
Year 1	
7/8/9.10.25	Year 1 classes to visit Water Meadows and Allotments – see letter sent out
17.10.25, 9.00am	Stay and Feast – please book in Arbor
12.11.25, 2.00pm	Grandparent Tea Party – see letter sent out
Year 2	
WB 13.10.25	Trip to Harnham Water Meadows – details to follow
21.10.25, 9.00am	Stay and Phonics / Read – please book on Arbor



The event advertised below is now taking place online using TEAMS rather than in person at County Hall, as was previously advertised.

Dyslexia Information Webinar for Parents

- Date: Tuesday, 7th October 2025
- Time: 10.30am-12pm
- Audience: Parents and carers
- Location: Online webinar via TEAMS



Please click the following link to join the webinar: <http://bit.ly/4hbpLd7>

SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to military conflicts around the globe, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

1 FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.



2 RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.



3 KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.



4 EMPHASISE HOPE

Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.



5 MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.



6 CONSIDER YOUR OWN EMOTIONS

It's not only young people who find upsetting news difficult to process: adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.



7 SET LIMITS

Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.



8 TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once; instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.



9 ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.



10 FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.



11 BUILD RESILIENCE

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.



12 IDENTIFY HELP

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It is essential that children understand that they're not alone, and that help is available if and when they need it.



Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



Sources: <https://www.bbc.com/news/health-6047806> | <https://www.children.com/being-supporting-your-child-with-upsetting-content/> | <https://www.unicef.org/parenting/how-talk-your-children-about-conflict-and-war>

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Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 18.10.2023

In the Community: Please note that our school is neither involved with, or endorsing the use of the services being advertised below. They are for families to access at their own discretion. Thank you.

HALF-TERM TENNIS CAMP



**WEDNESDAY
29TH OCTOBER
10AM-3PM**

£45



**FOR CHILDREN & TEENAGERS
5-8 YRS | 9-10 YRS | 11-16 YRS**

VENUE: Downton Tennis Centre, Wick Lane, SP5 3NF

LTA certified & DBS checked coaches

TO BOOK OR FIND OUT MORE

www.mahonytennis.com

mahonytennis@gmail.com

07788791328



STAGE
COACH

K-POP

HALLOWEEN WORKSHOP

SING. DANCE. ACT.

SLAY!

CHILDCARE
VOUCHERS
ACCEPTED



SCAN FOR DETAILS

Greentrees Junior School Salisbury Wednesday 29th October



OR Join us 22nd & 23rd December
SING. DANCE. ACT. SLEIGH



FESTIVE FUN WORKSHOP



Salisbury Dance Studios

HALLOWEEN DANCE WORKSHOP

A day of dancing, craft, games and lots of fun!!



**MONDAY 27TH
OCTOBER**

10am – 4pm

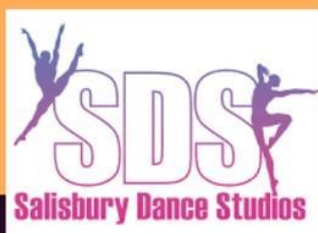
£35

Children year 1 – year 7

Contact Miss Katy to secure place:

katycolegrove@gmail.com

07889311168





Family Hub
Wiltshire Council

All Together
Supporting families in Wiltshire

Time Out For Parents - Teens with Additional Needs

If you are a
parent/carer of a
teenager with
additional needs, then
this course is for you!

Come and meet other parents/carers to discuss
ideas and ways to support your teenager with
additional needs.

Learn about the pressures that teenagers face
today, and look at different ways to communicate
so that you can meet their emotional needs.

(No formal diagnosis required).

Join us virtually on Microsoft
Teams
Thursdays from 09/10/2025 to
04/12/2025
6:00pm to 8:00pm



Scan QR code to
register your interest

www.wiltshirefamilyhubs.org.uk

0800 970 4669



Spurgeons
Wiltshire Council

Are you interested in working with children?

Drop into our Early Years and Wraparound Childcare Careers Event

Five Rivers Health & Wellbeing Centre,
Hulse Road, Salisbury SP1 3NR

Tuesday 14 October 2025
10am to 2pm

Childcare and training providers
will be available to chat to about
local opportunities.

Follow us on Facebook
@WiltsEarlyYears

Family Hub | Meet the
Wiltshire Council Family Hub team



Wiltshire Council

Family hubs are here to provide greater local community support and guidance for families and young people aged from 0 to 19, extending to 25 for those with special educational needs and disabilities.

Use your mobile to scan the QR code to access the website



<https://wiltshirefamilyhubs.org.uk>

Family Support Service

One to one support when you need it most for a range of issues which can affect family life:

- Parenting and behaviour
- Routines and boundaries
- Children's emotional support
- Financial and budgeting support
- Childcare funding
- Parental relationship support
- Back to work
- Introductions to other services

Appointments can be at home, via the phone or in the community

Give us a call on 0800 970 4669 for more information or to book your FREE space

Navigators

Come along to meet one of our family navigators at community venues across Wiltshire. They can help you access a whole range of local services and support and also access Healthy Start vitamins. Give us a call or check out the website to find out where we will be.

Find us on Facebook for regular updates and one off events



Family Hub
Wiltshire Council

Sensory Space

Book a FREE 30 mins in our sensory space in one of our three main hubs.
Available for children aged 0-5 years or up to 11 years with SEND

Parental Relationship Support

Explore these digital resources (provided by OnePlusOne) to help reflect on your relationship with either your current or ex-partner(s) and the impact these have on your children. Find more information here.



Triple P - Family Transitions

This 5 week course addresses specific areas around separation and divorce and for parents/carers who need support around managing the transition of separation and divorce.

Baby Steps

A programme covering the weeks just before and after having your baby. (Speak to your health professional to be introduced to this service).

Time Out for Parents

These courses are designed to help you increase your skills and confidence and give you the tools to improve your relationships with your children.

Dads - 6 weeks

Children with additional needs - 8 weeks

Teens - 7 weeks

Early Years - 7 weeks

Teens with additional needs - 7 weeks

Primary Years - 7 weeks

Baby Massage

For parents and their non-mobile babies. Join us for 5 weeks learning how to encourage bonding and communication through soothing touch.

Most courses run both virtually with Microsoft Teams and Face to Face

Within My Reach

This 5 week course can help current relationships that are becoming or have become increasingly stressful and communication often ends in conflict.

Healthy Start Vitamins

We can support you to apply for the Healthy Start Scheme and you can collect your Healthy Start Vitamins from us.

*Eligibility Criteria apply

Five to Thrive

Five to Thrive is the simple things that you can do to connect with your child and build a strong relationship. Join us for 5 fun sessions to support you with this.

Early Years

Teens

Primary years

Give us a call on 0800 970 4669 for more information or to book your FREE space

